

## ABSTRACT

The purpose of the study was to investigate the guidance and counseling of students the selected schools of Uasin Gishu District Kenya. The objectives of the study were; to investigate the counseling needs of secondary school students, to investigate the counseling programs available in the selected schools and the hindrance of counseling and guidance in school. The researcher used convenient sampling to select a Data from 100 participants (423 males and 444 females) recruited from Uasin Gishu District schools in Kenya was analyzed. Five factors, human relationships, career development, self development, social values, and learning skills were assessed. The findings highlighted the importance of using assessment instruments in identification of students counseling needs. The findings also supported the recommendation that Kenya should develop guidance and counseling programs in all schools to address students' needs. Findings 1. Counseling needs are essential in schools 3.48 2. Counseling programs are not emphasized i.e. mean average of 2.13. 3. Teacher's workload hinder counseling in schools hence no time for counseling students – an average of 3.34 4. That employees are essential in counseling needs – mean average 0.418 5. The study also found out that counseling programs are significantly correlated with the performance. 6. the study also revealed that counseling factors and students performance not significantly correlated – mean average of 0.05 Recommendations The ministry of education to step up counseling and guidance programs in all schools. The education policy to be redesigned and include well structured guidance and counseling programs. Professional guiders and counselors to be trained and posted in all schools in Kenya. A full curriculum for guidance and counseling to be taught at all levels of schooling. Guidance and counseling facilities to be provided in all schools in Kenya.